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LEAD A BOLD LIFE BY IDENTIFYING YOUR PREFERENCE FOR PROBLEM-SOLVING

EMPOWER

Me Can be bold Together.

LEVERAGE YOUR STYLE OF BOLDNESS

Borrowing from a specific thinking profile framework, this self-assessment guide will help you identify your preference for problem-solving (aka your BOLDNESS). This assessment is based on 20 years of research.

Not surprisingly, those who understand their specific preference for tackling the challenges of life are more successful, they embrace a positive outlook on life, and they tend to be happier and healthier.

In this document, we will break down each of the style preferences as you try them on and identify the style that best fits you! As those who can tap into their thinking preferences for solving problems are afforded unique opportunities to leverage personal differences, mitigate conflicts at work and in the home, and collaborate more effectively.



NO ONE IS EXEMPT FROM PROBLEMS.



AWARENESS HELPS

The more you know about how you engage in your problem-solving process, the more effective you can be in all aspects of life. This is true for individuals as well as teams. With awareness, people can leverage their strengths, and fortify areas of challenge.

Likewise, teams who understand and appreciate style differences can collaborate more effectively. Team members can go beyond simply tolerating the fact that people have distinct preferences and can turn style differences into a point of advantage, rather than a point of stress or conflict.

Once you understand your style preference(s), you can undertake specific skill development, dipping into a toolbox reserved just for you, to fine-tune your abilities to master thyself and live BOLDLY.



NO STYLE IS BETTER THAN THE OTHER

Although these are all different styles, there's no particular style that's "Better" than the other. As you can see below, the collaboration of all 4 styles help balance our lives personally and professionally.







THE CLARIFIER

- Clarifies the problem
- Not quick to move to solutions
- Wants to address the right problem
- Gathers information
- Looks at details
- May over analyze & not move forward





THE CLARIFIER

Are...

focused, methodical, orderly, deliberate, serious, organized; may analyze to the extreme and not move forward

Need...

order, the facts, an understanding of history, access to information, permission to ask questions

Annoy others by...

asking too many questions, pointing out obstacles, identifying areas that haven't been well thought out, overloading people with information, being too realistic





THE CLARIFIER

Below list any Insights or Aha's...

Your Preference or Naw?...





THEIDEATOR

- Looks at the big picture
- Toys with ideas and possibilities
- Stretches the imagination
- Takes an intuitive approach
- Thinks in more global terms
- May overlook the details





THE IDEATOR

Are...

playful, imaginative, social, adaptable, flexible, adventurous, independent; may overlook the details

Need...

room to be playful, constant stimulation, variety and change, the big picture

Annoy others by...

drawing attention to themselves, being impatient when others don't get their ideas, offering ideas that are too off-the-wall, being too abstract, not sticking to one idea





Below list any Insights or Aha's...

Your Preference or Naw?...







THE DEVELOPER

- Puts together workable solutions
- Plans steps to implement an idea
- Analyzes and compares
- potential solutions
- Examines the pluses and minuses of an idea
- May get stuck in developing
- the perfect solution





THE DEVELOPER

Are...

eflective, careful, pragmatic, planful, patient, dedicated, discerning; may get stuck in developing the perfect solution

Need...

a chance to consider and evaluate the options, time to craft and develop ideas into useful solutions

Annoy others by...

being too nit-picky, finding flaws in others' ideas, getting locked into one approach





THE DEVELOPER

Below list any Insights or Aha's...

Your Preference or Naw?...





THE IMPLEMENTER

- Gives structure to ideas
- Brings ideas to fruition
- Focuses on workable solutions
- Takes the 'Nike' approach
- ("Just do it")
- May leap to action too quickly





THE IMPLEMENTER

Are...

persistent, decisive, determined, assertive, action-oriented; may leap into action too quickly

Need...

the sense that others are moving just as quickly, timely responses to their ideas, control

Annoy others by...

being too pushy, readily expressing their frustration when others do not move as quickly, overselling their ideas





THE IMPLEMENTER

Below list any Insights or Aha's... Your Preference or Naw?...





ANINTEGRATOR

- Easily relates to each preference
- Even energy across four preferences
- Concerned about group harmony
- Bridges style differences
- and plugs gaps
- May lose own voice by
- pleasing others





Are...

steady, flexible, inclusive, team players, stabilizing influences; may lose their own voice to accommodate team

Need...

cooperation, collaboration, energy from others, to feel others are committed to the challenge

Annoy others by...

pointing out what's not being done, not allowing their voices to be heard, being overly flexible, becoming peace-makers





Below list any Insights or Aha's...

Your Preference	ce or Naw?



LET'S REFLECT

As you reviewed each preference style above, which style preference resonated with you the most? Who does the other styles remind you of at work or at home?

LET'S REFLECT (Continued)

Veeessess! WHAT A BOLD MOVE!

Congratulations on taking action! Let me tell you, If you made it this far, you are truly BOLD. Now that you have selected your preference for problem-solving, I challenge you to start solving some of the biggest problems standing in your way of living the life you deserve.

I know how challenging it can be working on your own, and you shouldn't have to. If you're currently stuck on how you can move forward toward accomplishing your goals. I'd like to offer my assistance as a trained ideator and a sister. For the next 2 weeks, my calendar will be open for women just like you, who want to soar, be happier, and design life on their own terms. So schedule your 15-minute complimentary "Clarity Call".

Want more Boldness in your life? Click the button below to schedule your call TODAY!



More about TAMARA L. MCMILLAN

Tamara L McMillan, MS, Ph.D. c., is a magnetic, award-winning speaker, and a compassionate being with flawless creative problem-solving facilitation skills, badass storytelling superpowers, and the distinctive ability to elevate her clients and audiences. Having achieved numerous degrees /certifications, authoring a book, and leveraging an award-winning career in academia and pharmaceutical sales, she started empowerMEE to follow her mother's wisdom to "take care of your sisters" around the globe. She is a known Failure Fanatic (Failure Fanaticism™) who utilizes evidence-based tools which help change how her clients, students, and audiences view themselves and the world.

Yet, it is her high level of energy, ability to "dream big and in color," and authenticity through self-knowledge, that make her unforgettable and inspiring to those ready to navigate what's next in their lives. Her message of liberation, empowerment, and self-love comes from what she has mastered in her own journey and her passion for helping women to Be Bold Together.

Tamara is qualified in Myers Briggs Type Indicator, Strong Interest Inventory, Emotional Intelligence, 7 Habits for Highly Effective People and an Advanced Trainer for FourSight (problem-solving assessment). Additionally, as an educational consultant, she provides keynotes and training events for the public and private sectors, educators, and the business community.

LET'S CONNECT!

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